AREAS FOR CONSIDERATION WHEN SETTING UP AN EMOTIONAL SUPPORT SERVICE

A   AREA

1   Size of population of area to be served by the Centre:

    a)   the immediate area   _____

    b)   the overall catchment area   _____

2   Languages spoken in the area:

    a)   First language _____
    b)   Second language   _____
    b)   other languages   _____

3   Minority groups in the area:

_____

4   What are the requirements for support in your area, and what examples have you identified:

_____

_____

B   SUICIDE, SUICIDE PREVENTION and WIDER EMOTIONAL HEALTH

1   Suicide rate (per 100,000) of this total area   _____

2   Suicide rate of the country (per 100,000)   _____

3.   Rate of Self Harm in the country (per 100,000)   _____

4   Which group of people are at greatest risk? (eg. young, elderly)

_____

_____

5   What methods of suicide are most common in the community?

_____

_____

_____

6   What is the attitude towards suicide, and emotional health in general, in the community? (e.g. cultural and religious factors, social stigma)

_____

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_____

7   What is the attitude of medical professionals towards suicide and emotional health programmes in your area?

_____

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_____

8   What is the legal context in terms of suicide, intervention, data protection, etc?

_____

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9   What facilities are already available for people in distress? (e.g. telephone helplines, email helplines, drop-in centres, traditional family and community networks)

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_____

_____

C   RESOURCES

1   Is there a history of volunteering in the community? Is it common practice?

_____

2   How do local organisations use volunteer help?

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3   Is there already a heavy drain on volunteers in the community?

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4   What support do you have from organisations in the area?

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5   What financial support do you expect to receive from the community?

_____

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6   What telephone and internet facilities are there in the area? (residential & public)

_____